



## **Tauranga Rowing Club Coaches Code of Conduct**

As a coach or supervisor at Tauranga Rowing Club, you are expected to adhere to the following Code of Conduct to ensure a positive, fair, and professional environment for all participants.

### **Leadership and Fairness**

- Lead by example.
- Respect and treat all participants fairly and equally.
- Support participants to reach their full potential, considering their individual talents, developmental stages, and sporting/activity goals.
- Provide all participants with equal attention and opportunities.
- Display high standards in the use of language, manners, punctuality, preparation and presentation

### **Compliance and Fair Play**

- Operate within the rules of NZ Rowing and the principles of fair play, encouraging participants to do the same.
- Advocate for a sporting environment free of drugs, alcohol, and performance-enhancing substances, in line with Drug Free Sport New Zealand.

### **Professionalism and Respect**

- Display courtesy, respect, honesty, and professionalism to everyone involved in the activities of Tauranga Rowing Club, including family/whānau, other competitors, coaches, officials and team managers.
- Avoid engaging in relationships or conversations that may compromise the coach-athlete dynamic. Maintaining a professional distance ensures a healthy and respectful coaching environment
- Respect the privacy of your athletes by maintaining confidentiality. Keep personal information, medical histories, and sensitive matters confidential unless explicit consent is given.

### **Quality Service**

- Provide a quality service to participants by:
  - Maintaining appropriate qualifications.
  - Seeking continuous improvement and development opportunities.
  - Providing structured training that meets participants' needs and goals, seeking advice and assistance when required.

## Safety and Welfare

- Ensure a safe sporting environment by:
    - Making sure all equipment and facilities meet health and safety standards.
    - Ensuring all equipment, rules, training, and environments are appropriate for participants' ages, maturity (physical and emotional), experience, and ability.
    - Encouraging participants to seek medical advice when sick or injured.
    - Being considerate and proactive toward sick and injured participants.
    - Being alert to the abuse of participants, whether verbal, physical, or emotional.
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By signing below, I acknowledge that I have read, understood, and agree to adhere to the Tauranga Rowing Club Coaches Code of Conduct.

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_